

## **General Information for Spiritual Retreat**

Recreation unlimited is requiring Liability Waivers to be filled out. They will be sent home Monday, September 19<sup>th</sup> and are due back to homeroom teachers by Friday, September 23<sup>rd</sup>.

9-12<sup>th</sup> grade students are invited to an extra evening of fun and fellowship. High students may stay Friday night until Saturday at 8am. Permission slips will be sent home to high school students Monday, September 19<sup>th</sup>. Additionally, they will be posted to Sycamore and our school website. Please return the forms by Friday, September 23<sup>rd</sup>. Friday evening activities will include: a movie, games, open gym, both Euchre and spoons tournaments, dinner, pizza, and a campfire at the outdoor pavilion. While Friday night attendance isn't mandatory, if their permission form indicates they are spending the night, they must remain on property and will not be permitted to leave.

All secondary students need to arrive **at Recreation Unlimited** between 8:15 and 8:45 Thursday morning. Middle school students will not be spending the night at the camp and will depart at 6pm Thursday evening (Dinner will be provided for them). Friday morning middle school students should check into the Life Center between 8:15 and 8:45.

Middle school students must be picked up **at the camp** by 2:45 on Friday afternoon. Some classes are arranging carpooling options so check with the homeroom teachers if you have a question on rides.

All students should eat before arriving Thursday morning. Lunch and dinner will be provided on Thursday for all students. On Friday, high school students will be fed breakfast, lunch, and dinner; middle school will only be fed lunch. Snacks will be available during free times and there will be S'mores at the campfire. If your child has special dietary needs, please email Chandra Ruminski at [chandra.ruminski@dcschool.org](mailto:chandra.ruminski@dcschool.org).

Each student is responsible for bringing in their assigned snack to homeroom by Monday, September 26<sup>th</sup>. Please ask your student what they are responsible for; assignments will be given out in homerooms the week of September 19<sup>th</sup>. Snack lists will also be posted to Sycamore and our school website.

## Packing List for Spiritual Retreat 6-8 Grade

The most important things you need to bring are warm, casual clothes, that you don't mind getting dirty and comfortable shoes! Check the weather report. Layering is always a good idea. Middle School students may want to bring a cinch bag to keep extra items in. Please make sure your student's items are labeled. Bags may be left in the game room (unsupervised).

Below is a list of suggested items to pack:

- |  |  |
|--|--|
| <input type="checkbox"/> No open-toed shoes                        | <input type="checkbox"/> Rain gear (if needed) |
| <input type="checkbox"/> Bible (*electronic permitted), pen, paper | <input type="checkbox"/> **Medications         |
| <input type="checkbox"/> Coat, hat, gloves, scarf                  |  |

\*Students are cautioned to bring electronics, expensive accessories, and cell phones at their own risk. During sessions iPads, tablets, smart phones, etc. may be used as electronic Bibles.

\*\*Students who take daily medication need to bring it, clearly labeled in a Ziploc bag, to Ms. Walter. Include any specific instructions that are needed as well as times the medication needs to be taken.

## Packing List for Spiritual Retreat 9-12 Grade

The most important things you need to bring are warm, casual clothes, that you don't mind getting dirty and comfortable shoes! Check the weather report. Layering is always a good idea.

Below is a list of suggested items to pack:

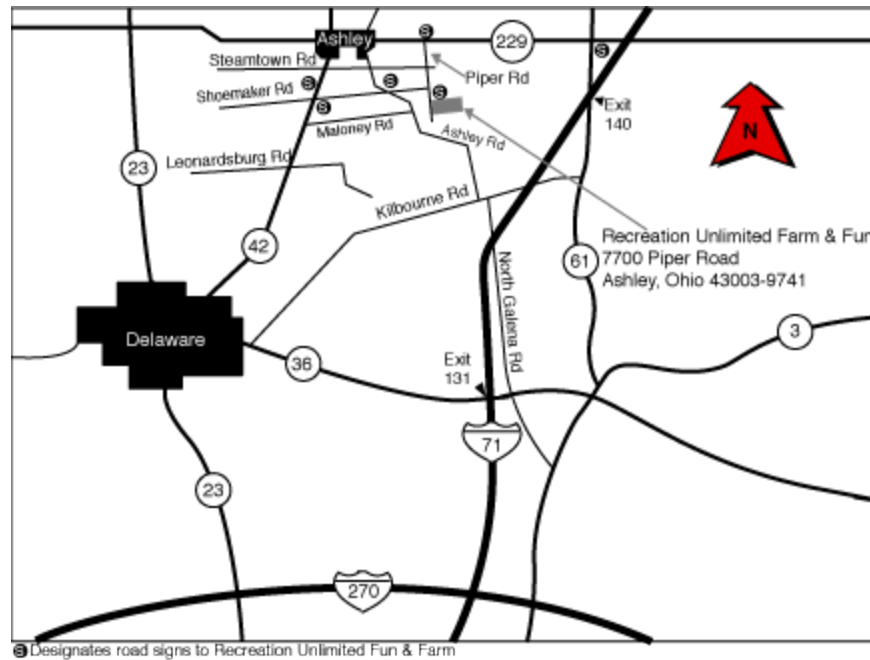
- |   |  |
|---|--|
| <input type="checkbox"/> Sleeping bag OR sheets and blankets        | <input type="checkbox"/> Pillow                          |
| <input type="checkbox"/> Bath towel, washcloth                      | <input type="checkbox"/> Pajamas                         |
| <input type="checkbox"/> Socks (lots in case it's wet or cold)      | <input type="checkbox"/> Coat, hat, gloves, scarf        |
| <input type="checkbox"/> Couple pairs of shoes – no open-toed shoes | <input type="checkbox"/> Toiletry items (deodorant-LOTS) |
| <input type="checkbox"/> Bible (*electronic permitted), pen, paper  | <input type="checkbox"/> Rain gear (if needed)           |
| <input type="checkbox"/> **Medications                              |  |

Couple changes of clothes; bring one outfit that **WILL GET DIRTY** and one outfit that **WILL GET WET. We are playing a few water games and students are bound to get soaked!**

\*Students are cautioned to bring electronics, expensive accessories, and cell phones at their own risk. During sessions iPads, tablets, smart phones, etc. may be used as electronic Bibles.

\*\*Students who take daily medication need to bring it, clearly labeled in a Ziploc bag, to Ms. Walter. Include any specific instructions that are needed as well as times the medication needs to be taken.

## Centrally Located in Ohio Directions to the Recreation Unlimited Campus



7700 Piper Rd., Ashley, OH, 43003

Telephone: (740) 548-7006 Fax: (740) 747-2640 TDD (740) 747-3139

### From Columbus or Cincinnati (71 North)

Travel north on U.S. Route 71. Turn left on State Route 61 (Exit 140 west / Mt. Gilead / Cardington). Travel approximately two miles and turn left on State Route 229. Travel approximately seven miles and you will see a Recreation Unlimited directional sign on the right side of State Route 229 at Piper Rd., turn left. Follow Piper Road through two stop signs, and then follow the directional signs to the campus' main entrance.

### From Cleveland (71 South)

Travel south on U.S. Route 71. Turn right on State Route 61 (Exit 140 west / Mt. Gilead / Cardington) Travel approximately two miles and turn left on State Route 229. Travel approximately seven miles and you will see a Recreation Unlimited directional sign on the right side of State Route 229 at Piper Rd., turn left. Follow Piper Road through two stop signs, and then follow the directional signs to the campus' main entrance.

### From Toledo/Marion (23 South)

Travel south on U.S. Route 23. Turn left on State Route 229, the first traffic light after the Waldo exit. Travel east through the Village of Ashley. Approximately one-half mile outside of Ashley you will see a directional sign on the right side of State Route 229 before Piper Road. Turn Right on Piper Road. Follow Piper Road through two stop signs, and then follow the directional signs to the campus' main entrance.

### From Delaware (42 North)

Travel north on State Route 42. Approximately eight miles north of Delaware, turn right at Shoemaker Road; you will see a directional sign on the right side of State Route 42. Follow Shoemaker Road through one stop sign and to the dead end at Piper Road. Turn right on Piper Road then follow the directional signs to the campus' main entrance.